

## BOYS & GIRLS CLUB – R. C. COLA – CITY P.A.R.D.

2011-2012

4<sup>TH</sup>. GRADE (May not be 11 yrs. Sept. 1, 2011) BOYS CO ED – GIRLS ONLY

5<sup>TH</sup>. GRADE (May not be 12 yrs. Sept. 1, 2011) BOYS CO ED - GIRLS ONLY

1. Players must be from same school.
2. Open Roster. (NO LIMIT).
3. Three-second violation will be called. Two time-outs per game. Coach or player can call time-out. Alternating possession on jump ball.
4. 10 second backcourt violation. Half or full court press allowed only during the 2<sup>nd</sup> half.
5. This division will use the 28.5 size basketball. Height of goal will be 10 ft.
6. Free throws will be shot from regular distance. Three point shot will count.
7. Five personal fouls expel a player. Game will be 4 – Eight minutes quarters, running time. (Reg. game last 2 minutes of the game).
8. Once a defensive player gets a rebound, all players must return to opposite court. If rebounding player fast-breaks, defense can play all court. (This applies to 1<sup>st</sup> and 2<sup>nd</sup> quarters).
9. If fouled in the act of shooting a three point shot, player will shoot 3 free throws.
10. Only two coaches per team may be coaching during the game.
11. COACHES AND PLAYERS MUST REMAIN SITTING DURING THE GAME. The only time a coach may stand is during a time-out or at the end of the quarter. Coaches will not be allowed to talk to official during game time. A technical foul will be called on the coach if he/she does not abide by the above. ONE warning will be given. Two technical fouls on coach will expel coach from the game and gym. If coach does not leave, game is a forfeit.
12. A coach that is expelled from a game will not coach the teams following game. If a coach is expelled twice during the season, He/She will not coach again during the season and will not be able to coach any Boys & Girls Clubs organized leagues the following school year.
13. A player can play in one age division. He/she can not change to another age division once season starts. If a player transfers to another school during the season, he has the option to play for either school.
14. Using an INELIGIBLE player will cause team to FORFEIT all games said player played in.
15. If a coach feels an opposing team has an ineligible player, please call the Boys & Girls Club office at 723-5223 and that player's age will be checked. To avoid hard feelings, coach requesting verification of age will be held confidential.
16. Second period will be designated as the period where all the subs will play. If team "A" has nine player, then team "A" will play 4 subs and 1 starting (opposing coach will select starter (s) that will play 2<sup>nd</sup> period). However, if team "B" has 11 players, then team "A" will play 4 subs and one starter; but he may play all his subs if he wants to. Teams having more than 10 players will play only subs during 2<sup>nd</sup> period. Coaches may use starters and/or his subs in the other quarters.
17. Team ahead by 12 points or more can not press.
18. Player can only play for one team. Once team is eliminated, players cannot transfer to another team.
19. The League Commissioners will meet to review rules for all sports, and in case of game protest, Commissioners will make a decision. All decisions made by the Committee will be final.
20. Last 2 minutes of game, regular Basketball Rules apply.
21. The Boys & Girls Clubs of Laredo will work closely with the Schools' Principal. The principal has the ability to hold a player(s) and/or a team out from participating in any B.G.C. League due to conflict with grades, disciplinary violation, etc.

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**NO OUTSIDE FOOD OR DRINKS ALLOWED  
AT ANY OF OUR GYMS!!!!  
DO NOT THROW ANY TRASH OUTSIDE THE FACILITIES!!!**