



## **REQUIREMENTS TO BECOME A COACH FOR BGC LAREDO SPORTS LEAGUES 2018/2019**

### **If you plan on coaching a team from a LISD, Private or Catholic Campus:**

- Submit and successfully complete a background check through thru the Boys & Girls Clubs of Laredo.
- Complete all necessary paperwork which includes, Team Registration, Player Registration (Parents complete this and hand to you), Certified Player roster, Birth Certificate and Proof of Grade for each player on your roster, as well as the Coach, Assistant Coaches Background Check Forms.
- Pay all necessary league fees of \$375.00 per team. (Team will not be registered without complete payment of fees)
- Attend coaches meeting on: Football-September 5, 2018 at 5:30PM or Volleyball on September 6, 2018 at 5:30PM. Meetings will be held at the Benavides Club Learning Center.

### **If you plan on coaching a team from a UISD Campus:**

- Submit and successfully complete a background check through thru the Boys & Girls Clubs of Laredo
- Submit and successfully complete the Parent Volunteer Form for the Campus you intend to coach a team. **(Team registration forms will not be accepted without prior UISD Clearance Form from the Principal, even if you are already a district employee.)**
- Complete all necessary paperwork which includes, Team Registration, Player Registration (Parents complete this and hand to you), Certified Player roster, Birth Certificate, and Proof of Grade for each player on your roster, as well as the Coach, Assistant Coaches Background Check Forms.
- Pay all necessary league fees of \$375.00 per team. (Team will not be registered without complete payment of fees)
- Attend coaches meeting on: Football-September 5, 2018 at 5:30PM or Volleyball on September 6, 2018 at 5:30PM. Meetings will be held at the Benavides Club Learning Center.

**VOLLEYBALL TENTATIVE START DATE: SEPTEMBER 11, 2018 (TENTATIVE SCHEDULE RELEASE SEPTEMBER 7, 2018)**

**FLAG FOOTBALL TENATIVE START DATE: SEPTEMBER 12, 2018 (TENTATIVE SCHEDULE RELEASE SEPTEMBER 10, 2018)**

**NO SPECIAL REQUESTS FOR GAME TIMES OR GAME DAYS WILL BE ACCPETED THIS YEAR**

**COACHES MUST REVIEW THE COACHES HANDBOOK AND DISTRIBUTE THE SPECTATOR CODE OF CONDUCT FORM TO ALL PARTICIPATING IN THE BOYS & GIRLS CLUBS LEAGUES.**

**FORM 1, BACKGROUND CHECK FORM, & ENTRY FEE MUST BE  
SUBMITTED & PAID BY OCTOBER 5, 2018. PRINCIPAL CLEARANCE FORM (U.I.S.D. ONLY)  
IN ORDER TO PROCESS TEAM**

**ALSO ROSTER, PLAYER APPLICATION, BIRTH CERTIFICATE AND PROOF OF GRADE LEVEL MUST BE TURNED  
IN BY FIRST GAME.**

# BOYS & GIRLS CLUBS OF LAREDO

R.C. COLA

2018

*Pre K4 - Kinder - 1<sup>st</sup> Grade Basketball League*



\_\_\_\_\_  
**SCHOOL**

\_\_\_\_\_  
**GRADE**

Pre K4 (boys or co-ed) \_\_\_\_\_  
(May not be 6 yrs. As of Sept. 1, 2018)

KINDER (boys or co-ed) \_\_\_\_\_  
KINDER (GIRLS ONLY) \_\_\_\_\_  
(May not be 7 yrs. As of Sept. 1, 2018)

1<sup>st</sup> Grade (Boys or co-ed) \_\_\_\_\_  
1<sup>st</sup> Grade (GIRLS ONLY) \_\_\_\_\_  
(May not be 8 yrs. As of Sept. 1, 2018)

**DEADLINE TO SUBMIT ENTRY FORM IS FRIDAY, OCTOBER 5, 2018**

**\*\*\*ONE FORM FOR EACH TEAM\*\*\***

- Entry Fee is \$375.00 per team, DUE UPON REGISTRATION.
  - All players must belong to the same school.
- All players are required to submit a copy of their birth certificate and proof of grade level. Coaches must turn this required paper work in with their roster forms, and coaches must certify that each player meets the leagues eligibility requirement.
  - ONLY TWO coaches per team.
- Complaints about ineligible players should be made to the B.G.C. SPORTS HOTLINE at 722-7549 by COACHES ONLY.
  - If a team plays an ineligible player, said team will forfeit all games the ineligible player competed in.
- All coaches are required to submit and pass a Criminal Background check done by the Boys & Girls Club of Laredo.
  - Any Questions please call Sports Department or email Sports Director at ( sportsdirector@bgcsports.com )

HEAD COACH \_\_\_\_\_  
 CELL PHONE \_\_\_\_\_  
 WORK PHONE \_\_\_\_\_  
 HOME PHONE \_\_\_\_\_  
 EMAIL \_\_\_\_\_

ASST COACH \_\_\_\_\_  
 CELL PHONE \_\_\_\_\_  
 WORK PHONE \_\_\_\_\_  
 HOME PHONE \_\_\_\_\_  
 EMAIL \_\_\_\_\_

**LEAGUE WILL START  
OCTOBER 29, 2018**

[www.bgcsports.com](http://www.bgcsports.com)

PLEASE HAND DELIVER  
  
TO 500 MOCTEZUMA

# BOYS & GIRLS CLUBS OF LAREDO

*2018 Pre K4 - Kinder - 1<sup>st</sup>  
Basketball League*



## PLAYER ROSTER APPLICATION

\*\*\* PARENTS MUST SUBMIT COPY OF BIRTH  
CERTIFICATE & PROOF OF CURRENT GRADE\*\*\*

**COACH:** \_\_\_\_\_

**PLAYER** \_\_\_\_\_ **ADDRESS** \_\_\_\_\_

**SCHOOL** \_\_\_\_\_ **GRADE** \_\_\_\_\_

**Date of Birth** \_\_\_\_\_ **Age as of September 1, 2018** \_\_\_\_\_

**Father's Name** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Work** \_\_\_\_\_ **Cell** \_\_\_\_\_

**Mother's Name** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Work** \_\_\_\_\_ **Cell** \_\_\_\_\_

I understand that my son/daughter will be participating in BASKETBALL and I give my consent. I will not hold the Boys & Girls Clubs of Laredo, City of Laredo, Sponsors, Staff, League Coaches, Schools or anyone involved with this league/event responsible for injuries sustained before, during or after the games, as well as, transporting team members to and from the games.

I give my permission to the Boys & Girls Clubs of Laredo personnel to verify age information with school principal if needed.

I also give my consent for any photographs in which my son/daughter may appear to be used for promotion of such league/event.

I understand that the Boys & Girls Clubs of Laredo operate under an "OPEN DOOR POLICY".

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date signed

# BOYS & GIRLS CLUBS OF LAREDO

## COACHES –CRIMINAL BACKGROUND CHECK AUTHORIZATION FORM

**Authorization to release Arrest and Criminal Records to Boys & Girls Clubs of Laredo**

The State of Texas or any other State; any Law Enforcement Agency of the State of Texas or any other State; any Law Enforcement Agency or any municipality of this State; or any Law Enforcement Agencies of the United States government are hereby authorized, directed and requested by me, full disclosure of any and all records pertaining to my arrest or criminal record.

By this authorization, I hereby request that copies of any and all my arrests and/or criminal records be made available to the Boys & Girls Clubs of Laredo,

P. O. Box 1419, Laredo, TX 78042.

This authorization is for the use in the Boys & Girls Clubs of Laredo evaluation of my volunteer work at the clubs or in volunteer work as a coach in Special Leagues sponsored by the Boys & Girls Clubs of Laredo.

A volunteer worker and/or volunteer coach, not agreeing to the background check WILL NOT be able to do volunteer work at the Boys & Girls Clubs of Laredo or do volunteer coaching with our Special Leagues.

### ATTENTION

**ALL SCHOOL COACHES AND/OR VOLUNTEER COACHES MUST PROVIDE A VALID E-MAIL ADDRESS.**

E-MAIL: \_\_\_\_\_

## Pre K4 - Kinder - 1<sup>st</sup> Basketball

SCHOOL \_\_\_\_\_ GRADE \_\_\_\_\_

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

SS# \_\_\_\_\_ PHONE # (H) \_\_\_\_\_

CELL # \_\_\_\_\_ WORK # \_\_\_\_\_

DRIVER LIC# \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

(Each questionable case will be dealt by the Committee Members.)

# **BOYS & GIRLS CLUBS OF LAREDO**

**R. C. COLA – CITY P.A.R.D.**

## **2018 BASKETBALL LEAGUE RULES**

### **KINDER (May not be 7 yrs. As of Sept. 1, 2018)**

### **FIRST GRADE (May not be 8 yrs. As of Sept. 1, 2018)**

1. Height of the goal will be 7 ft. and 5 in. Length of court will be the regular court. Width will be the regular court.
2. Three time outs per game. Coach or player can call time out. No three second violation will be called.
3. No full or half court press until last minute of game. Game will be four 6-minute quarters (running clock until last minute of game unless players are being set up for free throws). Two minute over time, after two overtimes, game will be a tie.
4. Size of basketball will be 27.5.
5. Once a defensive player gets a rebound, all players must return to opposite court. If rebounding player fast breaks, defense can play all court.
6. Player taking four or more steps without dribbling will be called a violation.
7. Three point shot will count.
8. No back court. Alternate possessions on jump ball.
9. Defense and offense must remain within the marked area (five feet outside the three point line). Offense must remain within the shooting zone. Freezing of the ball can be done only within the shooting area.
10. Five personal fouls expel a player. Two technical fouls on a coach will expel coach from game and gym. If coach does not leave, game is a forfeit.
11. Only two coaches per team may be coaching during the game. Coaches will not be allowed to talk to the officials during playing time. A technical foul will be called on a coach if he does not abide by this rule.
12. A coach that is expelled from a game will not coach the team's following game. If a coach is expelled twice during the season, said coach will not coach again this season and will not be able to coach any Boys & Girls Clubs organized leagues the following school year.
13. **OPEN ROSTER.** Each player must be registered. For new roster changes, call 722-7549 before the first game or during the season. Changes can not be made once your regular season ends and the playoffs start. (No exceptions)
14. Second quarter will be designated as the quarter where all subs will play. If team "A" has 9 players, then team "A" will play 4 subs and 1 starting player (opposing coach will select starter or starters that will play 2<sup>nd</sup>., quarter). However, if team "B" has 11 players team "B" may play only 4 subs and one starter; but he may play all his subs if he wants to. Team having 10 players, will play only subs during the second quarter. Coaches may use starting and/or subs in the other quarters.
15. If a player transfers to another school during the season, he has the option of playing for either school. Player can play only in one GRADE division. He can not change to another division once season starts.  
**USING INELIGIBLE PLAYER WILL CAUSE TEAM TO FORFIET GAME(S) SAID PLAYER PARTICIPATED IN AND COACH IS SUBJECT TO SUSPENSION. NO OVERAGE PLAYERS OR NO DROPPING OF GRADE LEVELS ALLOWED.**
16. All players are required to submit a copy of their birth certificate and proof of grade. Coaches must turn this required paper work in with their roster forms, and coaches must certify each player meets the leagues eligibility requirement.
17. All coaches must certify by signature that all players meet eligibility requirement. It is the coaches responsibility to confirm the age & grade on their teams roster. Boys & Girls Clubs of Laredo Utilizes these forms only in the event of a complaint.
18. Player can only play for one team. Once team is eliminated, players cannot transfer to another team.
19. **The Boys & Girls Clubs of Laredo will work closely with the Schools' Principal. The principal has the ability to hold a player(s) and/or a team out from participating in any B.G.C. League due to conflict with grades, disciplinary violation, etc.**
20. **THE BOYS & GIRLS CLUBS OF LAREDO RESERVE THE RIGHT TO APPROVE ALL VOLUNTEER COACHES.**
21. The League Commissioners will meet to review rules for all sports, and in case of game protest, Commissioners will make a decision. All decisions made by the Committee will be final.

**EXECUTIVE DIRECTOR RESERVES THE RIGHT TO MAKE FINAL DECISIONS ON ALL MATTERS CONCERNING RULES AND REGULATIONS FOR THE BETTERMENT OF THE PLAYERS AND THE LEAGUE.**



BOYS & GIRLS CLUBS OF LAREDO

### ROSTER FORM

**\*\*\*COACH MUST PROVIDE BIRTH CERTIFICATE & PROOF OF GRADE LEVEL WHEN ROSTER FORM IS SUBMITTED. ROSTER FORM MUST BE SUBMITTED BY TEAMS FIRST GAME\*\*\***

SCHOOL: \_\_\_\_\_ GRADE: \_\_\_\_\_ LEAGUE: Pre K4 - Kinder - 1<sup>st</sup> Basketball

COACHES NAME: \_\_\_\_\_

PLAYER'S NAME	D.O.B	AGE Sept. 1, 2018	ADDRESS	PHONE
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				

- Age as of September 1<sup>st</sup>, 2018
- If a coach plays an over age player, said team will forfeit all games over age player played in.
- Coach must certify by signature that all players meet eligibility requirements.

*I \_\_\_\_\_ certify that I have checked the age, school and grade of each player and all players meet eligibility requirements. . I have read the coaches handbook and distributed the Spectators code of conduct to those who will be involved with our team.*

# **BOYS & GIRLS CLUBS OF LAREDO**

**R. C. COLA**

## **2018 BASKETBALL LEAGUE RULES**

### **PRE K4 (May not be 6 yrs. As of Sept. 1, 2018)**

1. Height of the goal will be 5 ft. and 6 in. The size of the court will be the marked volleyball court, length only width will be normal size of basketball court.
2. Three time outs per game. Coach or player can call time out. No three second violation will be called.
3. No full or half court press allowed. Game will be four 5-minute quarters (running clock until last minute of game unless players are being set-up for free throw shots). NO OVERTIME, if games are tied at the end of regulation the game will remain a tie.
4. Size of basketball will be 27.5.
5. Once a defensive player gets a rebound, all players must return to opposite court. If rebounding player fast breaks, defense can play all court.
6. Player taking four or more steps without dribbling will be called a violation.
7. No 3 point shots allowed
8. No back court. Alternate possessions on jump ball.
9. Defense and offense must remain within the marked area (five feet outside the three point line). Offense must remain within the shooting zone. Freezing of the ball can be done only within the shooting area.
10. Five personal fouls expel a player. Two technical fouls on a coach will expel coach from game and gym. If coach does not leave, game is a forfeit.
11. Only two coaches per team may be coaching during the game.
12. Coaches will not be allowed to talk to the officials during playing time. A technical foul will be called on a coach if he does not abide by this rule. ONE warning will be given to the Coach.
13. A coach that is expelled from a game will not coach the team's following game. If a coach is expelled twice during the season, said coach will not coach again this season and will not be able to coach any Boys & Girls Clubs organized leagues the following school year.
14. OPEN ROSTER. Each player must be registered. For new roster changes, call 722-7549 before the first game or during the season. Changes cannot be made once your regular season ends and the playoffs start. (No exceptions)
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22. **THE BOYS & GIRLS CLUBS OF LAREDO RESERVE THE RIGHT TO APPROVE ALL VOLUNTEER COACHES.**
23. The League Commissioners will meet to review rules for all sports, and in case of game protest, Commissioners will make a decision. All decisions made with regards to each individual protest by the Committee will be final.

**EXECUTIVE DIRECTOR RESERVES THE RIGHT TO MAKE FINAL DECISIONS ON ALL MATTERS CONCERNING RULES AND REGULATIONS FOR THE BETTERMENT OF THE PLAYERS AND THE LEAGUE.**